

Taming Twins Shopping List

Week 3 - 15 minute meals

Natures picklimes (5 pack)	£1.19
Red Onions (3 pack)	£0.89
Garlic puree (75g)	£0.75
Courgettes (500g)	£1.29
Cucumber	£0.89
Ripe & ready medium hass avocado (2 pack)	£1.49
Salad tomatoes (650g pack)	£1.29
Cut fresh mint (30g)	£0.52
Greek-style salad cheese (200g)	£0.89
Essentials cream cheese (200g)	£0.83
Halloumi (225g)	£2.15
Halloumi (225g)	£2.15
Grated mozzarella (250g bag)	£1.99
Grated grana padano cheese (100g)	£1.59
Fresh salsa (200g tub)	£0.99
Essentials unsmoked back bacon (300g)	£1.45
Mexican style cooked chicken (180g)	£2.49
Mexican style cooked chicken (180g)	£2.49
Microwavable rice (250g pouch)	£0.45
Microwavable rice (250g pouch)	£0.45
Everyday essentials penne pasta* (500g)	£0.41
Pitted black olives (340g jar)	£0.89
Black beans (390g tin)	£0.49
Chickpeas (400g tin)	£0.49
Sweetcorn (340g tin)	£0.65
Passata (500g)	£0.55
Brioche burgers buns (4 pack)	£1.05
Bake at home baguettes (2 pack/300g)	£0.85
Frozen garden peas (900g bag)	£0.99
Total	£32.60

Store Cupboard

Olive oil
Sea salt
Freshly ground black pepper
Smoked paprika
Garlic granules
Dried oregano
Mayonnaise
Sweet chilli sauce
Balsamic vinegar
Plain flour

Optional

Pizza toppings

*Please note orzo is not available at Aldi currently.