

Taming Twins Shopping List

Week 2 - 15 minute meals

Essential lemons (4 pack)	£0.65
Sugar snap peas (160g)	£0.95
Baby corn (145g)	£0.99
Broccoli	£0.79
Essentials cherry tomatoes (250g)	£0.69
1 green pepper	£0.39
Red Onions (1kg)	£0.95
Garlic puree (75g)	£0.75
Ginger puree (75g)	£0.75
Essentials beef steak (227g)	£2.99
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Diced chicken breast (600g)	£3.99
Essentials streaky bacon (300g)	£1.45
Grated mozzarella (250g bag)	£1.99
Essentials cream cheese (200g)	£0.83
Halloumi (225g)	£2.15
Halloumi (225g)	£2.15
Essentials mozzarella (200g)	£0.69
Essentials mozzarella (200g)	£0.69
Greek style natural yoghurt (500g)	£0.85
Sweetcorn (340g tin)	£0.65
Sweetcorn (340g tin)	£0.65
Passata (500g)	£0.55
Peanut butter (340g)	£1.09
Everyday essentials penne pasta (500g)	£0.41
Medium egg noodles (250g)	£0.95
Bake at home baguettes (2 pack/300g)	£0.85
8 large tortilla wraps	£0.89
Frozen vegetable gyoza (240g/12 pack)	£2.49
Total	£36.21

Store Cupboard

Sunflower oil
Olive oil
Sea salt
Freshly ground black pepper
Beef stock cube
Vegetable stock cube
Worcester sauce
Dark soy sauce
Sweet smoked paprika
Thai red curry paste
Green pesto
BBQ sauce