

Taming Twins Money Saving Meals 1 Shopping List

Aldi prices correct as of Dec 2023

1kg brown onions	£0.99
Head of broccoli	£0.79
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Head of celery	£0.65
Whole garlic bulbs	£0.95
600g essentials peppers	£1.55
75ml ginger puree	£0.75
4 baking potatoes	£0.70
225g halloumi	£2.15
400g mature Cheddar cheese	£2.49
2pts semi skimmed milk	£1.20
8 sausages	£1.89
500g 20% fat beef mince	£2.49
200g bacon	£1.65
300g chicken breast chunks	£2.29
500g essentials pasta	£0.41
400ml tin reduced fat coconut	£0.79
400g tin chopped tomatoes	£0.35
500g dried red lentils	£1.29
1kg long grain rice	£0.52
6 medium eggs	£1.25
900g frozen garden peas	£0.99
500 g frozen butternut squash	£0.99
Total	£27.92

Store Cupboard

Olive oil
Sunflower oil
Sea salt
Freshly ground black pepper
Tomato puree
Green pesto
Curry paste
Cajun spice mix
Ground cumin
Paprika
Vegetable stock cubes
Beef stock cubes
Plain flour
Orzo
Optional :Wholegrain mustard