Shopping List for Slow Cooker Saviours (Aldi - Nov 23)

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Sweet potatoes (1kg) £ 1.09 Everyday essentials brown onions (1kg, you will need 6 onions for the recipe: Essentials Carrots (1.5kg) 0.55 Whole Swede (600g) £ 0.62 Celery £ 0.57 Natures pick Garlic (4 bulbs) £ 0.65 Fresh Basil (30g) £ 0.52 Fresh Parsley (30g) £ 0.52 Chicken thighs (900g) £ 4.99 Lean beef mince (750g) £ 4.99 Lean beef mince (500g) £ 4.99 Lean beef mince (500g) £ 4.99 Lean beef mince (500g) £ 4.99 Lean beef mince (300g) £ 4.19 Diced beef cubes (400g) £ 4.19 Smoked bacon lardons (200g) £ 4.19 Veryday Essentials Chopped tomatoes (390g tin) £ 0.35 Everyday Essentials Chopped tomatoes (390g tin) £ 0.35 Storecupboard: Everyday Essentials Chopped tomatoes (390g tin) £ 0.35 Sunflower oil Everyday Essentials Red Kidney Beans (400				
Essentials Carrots (1.5kg)	Sweet potatoes (1kg)	£	1.09	
Celery	Everyday essentials brown onions (1kg, you will need 6 onions for the recipe	£	0.55	
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Everyday Essentials Red Kidney Beans (400g tin) Chickpeas (400g tin) Coconut Milk (400g tin) Tomato Puree Tomato Puree Tomato Puree Dark Chocolate (200g) Crunchy peanut butter (280g jar) Red Wine (18.7cl bottle) Harpers Golden Ale (500ml) Everyday Essentials Red Kidney Beans (400g tin) £ 0.55 Dried thyme £ 0.79 Ground cumin F 0.59 Ground coriander Bay leaves Chili flakes Cayenne pepper Chicken stock cube £ 1.65 6 x Beef stock cubes Wholegrain mustard TOTAL	Everyday Essentials Red Kidney Beans (400g tin)	£	0.33	Garlic granules
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Tomato Puree £ 0.59 Ground coriander Bay leaves Chili flakes Crunchy peanut butter (280g jar) Red Wine (18.7cl bottle) Harpers Golden Ale (500ml) E 0.99 Chili flakes Cayenne pepper Chicken stock cube £ 1.65 6 x Beef stock cubes Worcestershire Sauce Wholegrain mustard TOTAL £ 42.56 Plain flour	Coconut Milk (400g tin)	£	0.79	Ground cumin
Dark Chocolate (200g) Crunchy peanut butter (280g jar) Red Wine (18.7cl bottle) Harpers Golden Ale (500ml) F 1.39 G 20.99 Chili flakes Cayenne pepper Chicken stock cube F 1.65 F 1.39 Worcestershire Sauce Wholegrain mustard TOTAL F 42.56 Plain flour	Tomato Puree	£	0.59	Ground ginger
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TOTAL £ 42.56 Plain flour				Wholegrain mustard
	TOTAL	£	42.56	
27 portions = £ 1.58				
	27 portions =	£	1.58	