

Shopping List for Meal Plan 13 (Aldi) as at August 2022

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| Bake at Home Baguettes 2 | £ | 0.59 |
| Long Grain Rice 1kg | £ | 0.45 |
| Pasta 500g | £ | 0.32 |
| Honey 340g | £ | 0.72 |
| Wholegrain Mustard 200g | £ | 0.45 |
| Dijon Mustard 200g | £ | 0.45 |
| Black Olives | £ | 0.59 |

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|----------------------|---|------|
| Grated Cheese 250g | £ | 1.99 |
| Cream Cheese 200g | £ | 0.85 |
| Halloumi Cheese 225g | £ | 1.89 |
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| Grana Padano 100g | £ | 1.39 |

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| Garlic 4 pack | £ | 0.79 |
| Cherry tomatoes 330g | £ | 0.77 |
| Baking Potatoes | £ | 0.45 |
| Salad Potatoes 1kg | £ | 0.99 |

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| Celery 350g | £ | 0.79 |
| Mixed Peppers 600g | £ | 1.16 |
| Onions 1kg | £ | 0.55 |
| Spring Onions 100g | £ | 0.49 |
| Courgettes 500g | £ | 0.69 |
| Aubergine | £ | 0.69 |
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| Carrots 500g | £ | 0.24 |

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| Tinned Chopped Tomatoes 400g | £ | 0.28 |
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|------------------------------|---|------|
| Beef Mince 500g | £ | 1.65 |
| 8 Chicken Thighs | £ | 2.25 |
| Pork Sausages 8 pack | £ | 1.39 |
| Cod Loin Fillets 250g | £ | 3.19 |
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| Italian Deli Prosciutto 120g | £ | 1.59 |

TOTAL £ 33.98

Storecupboard: (Check you have these)

Olive Oil
Cajun Spice Mix
Tomato Puree
Beef stock
Sea Salt
Ground Black Pepper
Garlic Powder
Fennel Seeds
Italian Herbs
Dried Chilli flakes
Vegetable stock
Ground Cumin
Smoked Paprika