

Shopping List for Meal Plan 10 (Aldi) as at June 2022www.tamingtwins.com

Tortilla Chips 200g Lightly Salted	£	0.48
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Small Tortilla Wraps	£	0.55
Ready to Eat Falafel 200g	£	1.25
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Tinned Taco Beans 395g	£	0.59
Microwave Rice Long Grain 250g	£	0.35
Microwave Rice Long Grain 250g	£	0.35
Tortellini 250g	£	0.75
Tortellini 250g	£	0.75
Passata 500g	£	0.39
BBQ Sauce 480g	£	0.79
Houmous 200g	£	0.69
Straight to Wok Noodles 2 x 150g	£	0.85
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Garlic Paste 75g	£	0.69
Ginger Paste 75g	£	0.69
Sweet Chilli Sauce 300g	£	0.85
Cheddar Cheese 400g	£	2.19
Feta Cheese 200g	£	1.15
Mozzarella 250g	£	1.75
Guacamole Dip 150g	£	0.79
Salsa Dip 200g	£	0.79
Sweetcorn 340g	£	0.41
Sweetcorn 340g	£	0.41
Iceberg Lettuce	£	0.39
Limes 5 Pack	£	0.99
Cherry Tomatoes 330g	£	0.77
Spinach Bag	£	0.75
Red Cabbage	£	0.59
Spring Onions 100g	£	0.49
Mushrooms 200g	£	0.89
Red Onions 1kg	£	0.75
Cucumber	£	0.59
Cooked Pork Slices 130g	£	1.99
Cooked Chicken Breast Slices 240g	£	1.99
Cooked Chicken Breast Slices 240g	£	1.99
TOTAL	£	31.79

Storecupboard

Garlic powder
Oregano
Honey
Tomato Puree
Salt
Pepper
Soy sauce
Peanut Butter